


51% WHOLE GRAINS  
 100% JUICE  
 NO FISH, PORK, NUTS SERVED  
 MENU SUBJECT TO CHANGE

POSITIVE EDUCATION PROGRAM  
 K-8TH HOT LUNCH MENU  
 SEPTEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	2	3	4	5
<b>LABOR DAY</b> 	CHICKEN ALFREDO PASTA BAKE 3/4 C BROCCOLI 1/2 C APPLESAUCE MILK	SWEET & SOUR CHICKEN VEGGIE FRIED RICE 3/4 C GREEN BEANS 1/2 C MIXED FRUIT MILK	CHEESEBURGER WGR BUN 3/4 C BAKED BEANS FRESH ORANGES KETCHUP & MUSTARD MILK	WGR CHEESE PIZZA 3/4 C CARROTS RANCH DRESSING 1/2 C PEACHES MILK
8	9	10	11	12
PASTA & MEATBALL BAKE 3/4 C GREEN BEANS FRESH APPLE MILK	GRILLED CHICKEN ON WGR BUN 3/4 C ROASTED POTATOES 1/2 C APPLESAUCE MILK	ORANGE CHICKEN OVER VEGGIE FRIED RICE 3/4 C BROCCOLI 1/2 C MIXED FRUIT MILK	CHICKEN CORN DOG 3/4 C BAKED BEANS FRESH ORANGE KETCHUP & MUSTARD MILK	WGR CHEESE PIZZA 3/4 C CARROTS RANCH DRESSING 1/2 C PEACHES MILK
15	16	17	18	19
3 CHICKEN TENDERS 1 SLC WGR BREAD 3/4 C GREEN BEANS FRESH APPLE MARGARINE MILK	CHICKEN PATTY WGR BUN 3/4 C BAKED BEANS 1/2 C APPLESAUCE MILK	HAMBURGER WGR BUN 3/4 C BROCCOLI 1/2 C PEACHES MILK	CHICKEN TENDERS & WAFFLES 3/4 C ROASTED POTATOES FRESH ORANGES MILK	NO SCHOOL
22	23	24	25	26
MAC & CHEESE 1 SLC WGR BREAD 3/4 C GREEN BEANS FRESH APPLE MARGARINE MILK	CHEESE & BEAN BURRITO 3/4 C CORN 1/2 C APPLESAUCE TACO SAUCE MILK	CHICKEN NUGGETS 3/4 SLC WGR BREAD 3/4 C BAKED BEANS 1/2 C MIXED FRUIT BBQ SAUCE MARGARINE MILK	SLOPPY JOE WGR BUN 3/4 C BROCCOLI FRESH ORANGES MILK	ENCHILADA CALZONE 3/4 C CARROTS RANCH DRESSING 1/2 C PEACHES MILK
29	30			
PANCAKES W/TURKEY SAUSAGE 3/4 ROASTED POTATOES FRESH APPLE & SYRUP MILK	CHICKEN ALFREDO PASTA BAKE 3/4 C BROCCOLI 1/2 C APPLESAUCE MILK			USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, LEADER

SERVING SIZES:  
 2 OZ. OF WHOLE GRAIN, 2 OZ. PROTIEIN, 1/2 C FRUIT AND JUICE,  
 3/4 C VEGETABLE, 8OZ. SKIM OR 1% MILK  
 CALORIES NOT TO EXCEED 650, SATURATED FAT NOT TO EXCEED MORE THEN 10% WEEKLY CALORIES