

51% WHOLE GRAINS  
100% JUICE  
NO FISH, PORK, NUTS SERVED  
MENU IS SUBJECT TO CHANGE

POSITVIE EDUCATION PROGRAM  
9-12 HOT LUNCH MENU  
SEPTEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	2	3	4	5
<b>LABOR DAY</b> 	CHICKEN ALFREDO PASTA BAKE 1 C BROCCOLI 1/2 C APPLESAUCE 1/2 C ORANGE JUICE MILK	SWEET & SOUR CHICKEN VEGGIE FRIED RICE 1 C GREEN BEANS 1/2 C MIXED FRUIT 1/2 C GRAPE JUICE MILK	CHEESEBURGER WGR. BUN 1 C BAKED BEANS FRESH ORANGES 1/2 C APPLE JUICE KETCHUP & MUSTARD MILK	WGR. CHEESE PIZZA 1 1/4 C CARROTS RANCH DRESSING 1/2 C PEACHES 1/2 C GRAPE JUICE MILK
8	9	10	11	12
PASTA & MEATBALL BAKE 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MILK	GRILLED CHICKEN ON WGR. BUN 1 C ROASTED POTATOES 1/2 C APPLESAUCE 1/2 C ORANGE JUICE MILK	ORANGE CHICKEN OVER VEGGIE FRIED RICE 1 C BROCCOLI 1/2 C MIXED FRUIT 1/2 C GRAPE JUICE MILK	CHICKEN CORN DOG 1 C BAKED BEANS FRESH ORANGE 1/2 C APPLE JUICE KETCHUP & MUSTARD MILK	WGR. CHEESE PIZZA 1 1/4 C CARROTS RANCH DRESSING 1/2 C PEACHES 1/2 C GRAPE JUICE MILK
15	16	17	18	19
3 CHICKEN TENDERS 1 SLC WGR. BREAD 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MARGARINE MILK	CHICKEN PATTY WGR. BUN 1 C BAKED BEANS 1/2 C APPLESAUCE 1/2 C ORANGE JUICE MILK	HAMBURGER WGR. BUN 1 C BROCCOLI 1/2 C PEACHES 1/2 C GRAPE JUICE MILK	CHICKEN TENDERS & WAFFLES 1 C ROASTED POTATOES FRESH ORANGES 1/2 C APPLE JUICE MILK	NO SCHOOL
22	23	24	25	26
MAC & CHEESE 1 SLC WGR. BREAD 1 C GREEN BEANS FRESH APPLE 1/2 C APPLE JUICE MARGARINE MILK	CHEESE & BEAN BURRITO 1 C CORN 1/2 C APPLESAUCE 1/2 C ORANGE JUICE TACO SAUCE MILK	CHICKEN NUGGETS 1 SLC WGR. BREAD 1 C BAKED BEANS 1/2 C MIXED FRUIT 1/2 C GRAPE JUICE MARGARINE & BBQ SAUCE MILK	SLOPPY JOE WGR. BUN 1 C BROCCOLI FRESH ORANGES 1/2 C APPLE JUICE MILK	ENCHILADA CALZONE 1 1/4 C CARROTS RANCH DRESSING 1/2 C PEACHES 1/2 C GRAPE JUICE MILK
29	30			
PANCAKES W/TURKEY SAUSAGE 1 ROASTED POTATOES FRESH APPLE 1/2 C APPLE JUICE SYRUP MILK	CHICKEN ALFREDO PASTA BAKE 1 C BROCCOLI 1/2 C APPLESAUCE 1/2 C ORANGE JUICE MILK			USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, LEADER

SERVING SIZES:  
2 OZ. OF WHOLE GRAIN PROTIEIN, 1/2 C FRUIT JUICE  
1 C VEGETABLE, 8OZ. SKIM OR 1% MILK  
CALORIES NOT TO EXCEED 850, SATURATED FAT NOT TO EXCEED MORE THEN 10% WEEKLY CALORIES