



PEP Early Childhood Plus

Infant and Early Childhood Mental Health Consultation

PEP Early Childhood Plus Infant and Early Childhood Mental Health Consultation services empower early childhood professionals with the skills and strategies they need to help children build resilience and succeed in early learning.

PEP EARLY CHILDHOOD PLUS IECMH CONSULTATION SERVICES

PEP's IECMH consultants work with caregivers and teachers in child care centers and other early learning settings for children 0-5 to support the social emotional well-being and growth of the young ones in their care. Services are customized to meet the needs of each center and can include:

- Early identification
- Developmental screening and assessment
- Early learning and preschool classroom support
- Awareness of trauma and its effects on children
- Training and coaching
- · Observation and feedback
- Referral and community linkages
- · Promoting staff wellness

BENEFITS OF IECMH CONSULTATION

IECMH consultation services can foster safer and healthier classrooms, help teachers adopt positive discipline for challenging behaviors and promote social emotional skills development in children. PEP can help child care providers:

- Better respond to individual children displaying disruptive and aggressive behaviors.
- Promote healthy social and emotional development for young children.
- Support families' and early learning professionals' capacity to meet children's social and emotional needs.
- Help children develop vital skills like getting along with others, managing frustrations, and resolving conflict.



100%

100% of childcare staff surveyed agreed that the PEP Early Childhood Plus consultant had a strong understanding of child development, behavior, and mental health issues.







WHY PEP?

PEP's IECMH consultants are backed by the expertise of the entire agency – one that has over half a century's worth of experience working with at-risk children with severe mental health diagnoses, autism and other challenges.

As a leading trauma-informed organization, and one that is a Phase II certified NMT $^{\text{TM}}$ site through the Neurosequential Network, PEP puts an emphasis on helping early childhood professionals and caregivers understand the impact stressful or traumatic events can have on a child's development.

WHO WE SERVE

Providing services in Cuyahoga, Lorain and Summit Counties to:

- Licensed Child Care Centers
- Licensed Preschools
- Licensed Type A & B Child Care Homes
- Early Learning Centers
- Head Start/Early Head Start Programs
- Other Adults Supporting Young Children

FUNDING

Funding for PEP IECMH Consultation services is provided by the Ohio Department of Children and Youth.

ABOUT PEP

Since 1971, Positive Education Program has been supporting young people to overcome and thrive. PEP provides direct and indirect services for children challenged by complex developmental trauma, mental health issues and autism, their families and the professionals who support them. PEP is committed to understanding and overcoming the significant trauma and chronic stress experienced by many of the youth we serve. Programs include five PEP Therapeutic Schools (Chesnutt, Hopewell, Phoenix, Prentiss Autism Center, Willow Creek) PEP Connections, PEP Early Childhood Plus and PEP Assist.

CONTACT

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