



## PEP Early Childhood Plus

The development of solid social-emotional skills in young children is directly related to their success in school and in life. **PEP Early Childhood Plus** touches over 1,000 children each year through consultation, training, and support for parents, teachers, and caregivers.

For over 50 years, PEP has developed nationally recognized expertise for nurturing healthy social-emotional development in our community's youngest learners — from birth to age 6. PEP's team of highly trained early childhood professionals each have master's degrees and more than two decades of experience working with children.

PEP's early childhood work is trauma informed and grounded in four philosophies and practices: **Conscious Discipline®**, **Re-ED**, **the Sanctuary Model®**, and **The New Ohio Model of Infant and Early Childhood Mental Health Consultation**. With all these approaches parents and caregivers are critically important partners in co-creating plans that position their children for success



**100%** of child care staff surveyed agree that the **PEP Early Childhood Plus** consultant had a strong understanding of child development, behavior, and mental health issues.



### CHILD CARE CONSULTATION

With the goal of maintaining children in their child care settings, PEP consultants equip staff, parents, and other caregivers with skills that promote healthy development for young children experiencing social, emotional and behavioral difficulties in group environments. Services are customized to meet the needs of each center and can include early identification, developmental screening and assessment, awareness of trauma and its effects on children, and promoting staff wellness. This program, which PEP delivers in Cuyahoga County, is a provider of Starting Point's Prevention and Inclusion Program.\*

Thanks to funding from the Ohio Department of Children and Youth, PEP consultants are available for Infant and Early Childhood Mental Health Consultation in schools and child care centers in an expanded geography, including Summit and Lorain Counties.

### COMMUNITY-BASED CONSULTATION

PEP staff provides in-home or virtual early childhood mental health consultation, education, and training to families and caregivers looking for help with their young child's social, emotional, and behavioral needs. Two types of service are available for children from birth to six years: Short-Term Community-Based Consultation and Intensive Parenting Support Service.

### PROFESSIONAL DEVELOPMENT AND TRAINING\* — WHOLE CHILD MATTERS MASTER TRAINER

Trainings for early childhood professionals across the state focus heavily on social-emotional development, trauma-informed care, and professionalism in the classroom. Trainings are designed to reduce aggression, reduce impulsivity, and increase attention in the classroom — all while promoting collegiality between teachers. By equipping professionals with the proper skills, the goal is to promote healthy social-emotional development and school readiness in young children.

“[Our consultant] has been such a support to our families,  
students and staff. She goes above and beyond  
to offer her service and skills. I have become a better teacher  
by observing her and working with her.”

— Teacher, Kiddie City