

51% WHOLE GRAINS  
 100% JUICE  
 NO FISH, PORK OR NUTS SERVED  
 MENU SUBJECT TO CHANGE

POSITIVE EDUCATION PROGRAM  
 PRENTISS  
 K-8TH HOT LUNCH MENU  
 SEPTEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NO SCHOOL	2	3	4	5
<p><b>LABOR DAY</b></p> 	PANCAKES W/TURKEY SAUSAGE 1 ROASTED POTATOES FRESH APPLE MILK & SYRUP	TURKEY HOT DOG WGR BUN 1 C BAKED BEANS 1/2 C PEACHES KETCHUP & MUSTARD MILK	ORANGE CHICKEN OVER VEGGIE FRIED RICE 1 C BROCCOLI 1/2 C MANDARIN ORANGES MILK	GRILLED CHEESE 3/4 C CARROTS 1/2 C PINEAPPLES MILK
8	9	10	11	12
CHEESE & BEAN BURRITO 1 C GREEN BEANS 1/2 C PEARS TACO SAUCE MILK	CHICKEN NUGGETS 1 SLC WGR BREAD 1 C ROASTER POTATOES FRESH APPLE BBQ SAUCE MARGARINE MILK	TURKEY HOT DOG WGR BUN 1 C BAKED BEANS 1/2 C PEACHES KETCHUP & MUSTARD MILK	CHEESEBURGER WGR BUN 1 C BROCCOLI 1/2 C MANDARINE ORANGES KETCHUP & MUSTARD MILK	CHICKEN PATTY WGR BUN 3/4 C CARROTS 1/2 C PINEAPPLES MILK
15	16	17	18	19
CHICKEN LEG 1 SLC WGR BREAD/MARGARINE 1 C GREEN BEANS 1/2 C PEARS MILK	PANCAKES W/TURKEY SAUSAGE 1 ROASTED POTATOES FRESH APPLE MILK & SYRUP	TURKEY HOT DOG WGR BUN 1 C BAKED BEANS 1/2 C PEACHES KETCHUP & MUSTARD MILK	ORANGE CHICKEN OVER VEGGIE FRIED RICE 1 C BROCCOLI 1/2 C MANDARIN ORANGES MILK	GRILLED CHEESE 3/4 C CARROTS 1/2 C PINEAPPLES MILK
22	23	24	25	26
CHEESE & BEAN BURRITO 1 C GREEN BEANS 1/2 C PEARS TACO SAUCE MILK	CHICKEN NUGGETS 1 SLC WGR BREAD 1 C ROASTER POTATOES FRESH APPLE BBQ SAUCE MARGARINE MILK	TURKEY HOT DOG WGR BUN 1 C BAKED BEANS 1/2 C PEACHES KETCHUP & MUSTARD MILK	CHEESEBURGER WGR BUN 1 C BROCCOLI 1/2 C MANDARINE ORANGES KETCHUP & MUSTARD MILK	CHICKEN PATTY WGR BUN 3/4 C CARROTS 1/2 C PINEAPPLES MILK
29	30			
CHICKEN LEG 1 SLC WGR BREAD/MARGARINE 1 C GREEN BEANS 1/2 C PEARS MILK	PANCAKES W/TURKEY SAUSAGE 1 ROASTED POTATOES FRESH APPLE MILK & SYRUP			USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, LEADER

**SERVING SIZES:**  
 2 oz. of whole Grain, 2 oz. protien, 1/2 c Fruit or 1/2 C Fruit Juice,  
 3/4 C vegetable, 8oz. skim or 1% Milk  
 calories not to exceed 550, saturated fat not to exceed more then 10% weekly calories