

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN LEG 1 SLICE WGR BREAD 1 MARGARINE 3/4 C GREEN BEANS ½ C PEARS 1 C MILK	(3/1.2 OZ) PANCAKES W/ (2/.67 OZ) TURKEY SAUSAGE 3/4 C OVEN ROASTED POTATOES FRESH APPLE 1 SYRUP 1 C MILK	10/1 TURKEY FRANK ON WGR BUN 3/4C BAKED BEANS ½ C PEACHES 1 KETCHUP 1 MUSTARD 1 C MILK	10/2 2 OZ ORANGE CHICKEN OVER ¾ C VEGGIE FRIED RICE 3/4 C STEAMED BROCCOLI ½ C MANDARIN ORANGES 1 C MILK	10/3 4.19 OZ GRILLED CHEESE ½ C PINEAPPLE 1 C FRESH CARROTS 1 C MILK
10/6 4.5 OZ CHEESE & BEAN BURRITO 3/4 C GREEN BEANS ½ C PEARS TACO SAUCE 1 C MILK	10/7 (5/.60 OZ) CHICKEN NUGGETS 1 SLICE WGR BREAD 1 MARGARINE 3/4 C OVEN ROASTED POTATOES FRESH APPLE BBQ SAUCE 1 C MILK	10/8 TURKEY FRANK ON WGR BUN 3/4 C BAKED BEANS ½ C PEACHES 1 KETCHUP 1 MUSTARD 1 C MILK	10/9 CHEESEBURGER ON WGR BUN 3/4 C STEAMED BROCCOLI ½ C MANDARINE ORANGES 1 KETCHUP 1 MUSTARD 1 C MILK	10/10 NO SCHOOL
10/13 	10/14	10/15 NO SCHOOL WEEK	10/16	10/17
10/20 4.5 OZ CHEESE & BEAN BURRITO 3/4 C GREEN BEANS ½ C PEARS TACO SAUCE 1 C MILK	10/21 (5/.60 OZ) CHICKEN NUGGETS 1 SLICE WGR BREAD 1 MARGARINE 3/4 C OVEN ROASTED POTATOES FRESH APPLE BBQ SAUCE 1 C MILK	10/22 TURKEY FRANK ON WGR BUN 3/4 C BAKED BEANS ½ C PEACHES 1 KETCHUP 1 MUSTARD 1 C MILK	10/23 CHEESEBURGER ON WGR BUN 3/4 C STEAMED BROCCOLI ½ C MANDARINE ORANGES 1 KETCHUP 1 MUSTARD 1 C MILK	10/24 CHICKEN PATTY ON WGR BUN 3/4 C COOKED CARROTS ½ C PINEAPPLE 1 C MILK
10/27 1 CHICKEN LEG 1 SLICE WGR BREAD 1 MARGARINE 3/4 C GREEN BEANS ½ C PEARS 1 C MILK	10/28 (3/1.2 OZ) PANCAKES W/ (2/.67 OZ) TURKEY SAUSAGE 3/4 C OVEN ROASTED POTATOES FRESH APPLE 1 SYRUP 1 C MILK	10/29 TURKEY FRANK ON WGR BUN 3/4C BAKED BEANS ½ C PEACHES 1 KETCHUP 1 MUSTARD 1 C MILK	10/30 2 OZ ORANGE CHICKEN OVER ¾ C VEGGIE FRIED RICE 3/4 C STEAMED BROCCOLI ½ C MANDARIN ORANGES 1 C MILK	10/31 4.19 OZ GRILLED CHEESE ½ C PINEAPPLE 1 C FRESH CARROTS 1 C MILK

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