MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/3 1 C PASTA & (4/.5) MEATBALL BAKE 1 C GREEN BEANS FRESH APPLE 1/4 C 100% APPLE JUICE 1 C MILK	11/4 GRILLED CHICKEN ON WGR BUN 1 C OVEN ROASTED POTATOES ½ C APPLESAUCE ½ C 100% ORANGE JUICE 1 C MILK	11/6 2 OZ ORANGE CHICKEN OVER 3/4 C VEGGIE FRIED RICE 3/4 C STEAMED BROCCOLI 1/2 C TROPICAL FRUIT 1/2 C 100% GRAPE JUICE 1 C MILK	11/6 CHICKEN CORNDOG 1 C BAKED BEANS 1/2C. MANDARINE ORANGES ½ C 100% APPLE JUICE 1 C MILK	11/7 WGR CHEESE PIZZA FRESH CARROTS RANCH 1/2C. PEACHES 1/2C. GRAPE JUICE 1C. MILK
11/10 4.3 OZ CHICKEN TENDERS 1 SLICE WGR BREAD 1 MARGARINE 1 C GREEN BEANS FRESH APPLE ½ C 100% APPLE JUICE 1 C MILK	11/11 CHICKEN PATTY ON WGR BUN 1 C BAKED BEANS ½ C APPLESAUCE ½ C 100% ORANGE JUICE 1 C MILK	11/12 HAMBURGER ON BUN 1 C STEAMED BROCCOLI ½ C TROPICAL FRUIT ½ C 100% GRAPE JUICE 1 C MILK	11/13 2 OZ CHICKEN TENDERS & (1/1.3 OZ) WAFFLES 1 C OVEN ROASTED POTATOES 1/2C. MANDARINE ORANGES ½ C 100% APPLE JUICE 1 C MILK	11/14 4.190Z. GRILLED CHEESE 1/2C. PEACHES 1 1/4C. FRESH CARROTS RANCH 1/2C. VERRY BERRY JUICE 1C. MILK
11/17 % C MACARONI & CHEESE 1 SLICE WGR BREAD 1 MARGARINE 1 C GREEN BEANS FRESH APPLE 1/2 C 100% APPLE JUICE 1 C MILK	11/18 4.5 OZ CHEESE & BEAN BURRITO 1 TACO SAUCE 1 C STEAMED CORN ½ C APPLESAUCE ½ C 100% ORANGE JUICE 1 C MILK	11/19 (5/.60 OZ) CHICKEN NUGGETS 1 SLICE WGR BREAD 1 MARGARINE 1 C BAKED BEANS ½ C TROPICAL FRUIT ½ C 100% GRAPE JUICE 1 C MILK	11/20 4 OZ SLOPPY JOE ON WGR BUN 1 C STEAMED BROCCOLI 1/2C. MANDARINE ORANGES ½ C 100% APPLE JUICE 1 C MILK	NO SCHOOL
11/24 (3/1.2 OZ) PANCAKES W/ (2/.67 OZ) TURKEY SAUSAGE 1 SYRUP 1 C OVEN ROASTED POTATOES FRESH APPLE ½ C 100% APPLE JUICE 1 C MILK	11/25 2 OZ CHICKEN 2 OZ ALFREDO 34 C PASTA BAKE 1 C STEAMED BROCCOLI 1/2 C APPLESAUCE 1/2 C 100% ORANGE JUICE 1 C MILK	No School	Happy Thanksgiving	No School

## POSITIVE EDUCATION PROGRAM NOVEMBER LUNCH CYCLE MENU 9-12

