

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/3 4.5 OZ CHEESE & BEAN BURRITO 1 C GREEN BEANS ½ C PEARS TACO SAUCE ½ C GRAPE JUICE 1 C MILK	11/4 (5/ .60 OZ) CHICKEN NUGGETS 1 SLICE WGR BREAD 1 MARGARINE 1 C OVEN ROASTED POTATOES FRESH APPLE BBQ SAUCE ½ C ORANGE JUICE 1 C MILK	11/5 TURKEY FRANK ON WGR BUN 1 C BAKED BEANS ½ C PEACHES 1 KETCHUP 1 MUSTARD ½ C GRAPE JUICE 1 C MILK	11/6 CHEESEBURGER ON WGR BUN 1 C STEAMED BROCCOLI ½ C MANDARINE ORANGES ½ C APPLE JUICE 1 KETCHUP 1 MUSTARD 1 C MILK	11/7 CHICKEN PATTY ON WGR BUN 1 C COOKED CARROTS ½ C PINEAPPLE ½ C BERRY JUICE 1 C MILK
11/10 1 CHICKEN LEG 1 SLICE WGR BREAD 1 MARGARINE 1 C GREEN BEANS ½ C PEARS ½ C GRAPE JUICE 1 C MILK	11/11 (3/ 1.2 OZ) PANCAKES W/ (2/ .67 OZ) TURKEY SAUSAGE 1 C OVEN ROASTED POTATOES FRESH APPLE 1 SYRUP ½ ORANGE JUICE 1 C MILK	11/12 TURKEY FRANK ON WGR BUN 1 C BAKED BEANS ½ C PEACHES 1 KETCHUP 1 MUSTARD ½ C GRAPE JUICE 1 C MILK	11/13 2 OZ ORANGE CHICKEN OVER ¾ C VEGGIE FRIED RICE 1 C STEAMED BROCCOLI ½ C MANDARIN ORANGES ½ C APPLE JUICE 1 C MILK	11/14 4.19 OZ GRILLED CHEESE ½ C PINEAPPLE 1 C FRESH CARROTS ½ C BERRY JUICE 1 C MILK
11/17 4.5 OZ CHEESE & BEAN BURRITO 1 C GREEN BEANS ½ C PEARS TACO SAUCE ½ C GRAPE JUICE 1 C MILK	11/18 (5/ .60 OZ) CHICKEN NUGGETS 1 SLICE WGR BREAD 1 MARGARINE 1 C OVEN ROASTED POTATOES FRESH APPLE BBQ SAUCE ½ C ORANGE JUICE 1 C MILK	11/19 TURKEY FRANK ON WGR BUN 1 C BAKED BEANS ½ C PEACHES 1 KETCHUP 1 MUSTARD ½ C GRAPE JUICE 1 C MILK	11/20 CHEESEBURGER ON WGR BUN 1 C STEAMED BROCCOLI ½ C MANDARINE ORANGES ½ C APPLE JUICE 1 KETCHUP 1 MUSTARD 1 C MILK	11/21 NO SCHOOL
11/24 NO SCHOOL WEEK	11/25 	11/26 	11/27 	11/28 

POSITIVE EDUCATION PROGRAM
PRENTISS NOVEMBER LUNCH MENU 9-12