



POSITIVE EDUCATION PROGRAM
K-12 BREAKFAST MENU
AUGUST 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div><div></div><div>NO SCHOOL SUMMER BREAK</div><div></div></div>				
18	19	20	21	22
BANANA MUFFIN 1/2 C PEARS 1/2 C APPLE JUICE 8 OZ. MILK	CINNAMON BUN 1/2 C MIXED FRUIT 1/2 C ORANGE JUICE 8 OZ. MILK	GOLDEN GRAHAMS CEREAL 1/2 C PINEAPPLE 1/2 C GRAPE JUICE 8 OZ. MILK	BANANA CHOCOLATE BAR APPLE 1/2 C APPLE JUICE 8 OZ. MILK	TURKEY SAUSAGE PANCAKE WRAP 1/2 C PEACHES 1/2 C GRAPE JUICE 8 OZ. MILK
25	26	27	28	29
CONFETTI PANCAKE 1/2 C PEARS 1/2 APPLE JUICE SYRUP MILK	CHOCOLATE MUFFIN 1/2 C MANDARIN ORANGE SLICES 1/2 C ORANGE JUICE 8 OZ. MILK	DONUT 1/2 C PINEAPPLE 1/2 C GRAPE JUICE 8 OZ. MILK	COCOA PUFF CEREAL GRAHAM CRACKERS APPLE 1/2 C APPLE JUICE 8 OZ. MILK	BLUEBERRY BASH WAFFLE 1/2 C PEACHES 1/2 C GRAPE JUICE 8 OZ. MILK

SERVING SIZES:
2 OZ. OF WHOLE GRAIN, 1/2 c FRUIT JUICE, 8oz. SKIM OR 1% MILK
CALORIES NOT TO EXCEED 500, SATUREATED FAT NOT TO EXCEED 10% OF TOTAL CALORIES PER WEEK